

Life saving Course

Qatar Swimming Association Member of the International Lifesaving Federation (ILS) plane to organize a LIFESAVER COURSE.

Participants who will pass successfully that course will get recognized certificate in more than 150 countries in the world and will be trained in basic skills to save the life in the water Qatar Swimming Association Member of the International Lifesaving Federation (ILS) plane to organize an LIFESAVER COURSE [in cooperation with the Qatar Red Crescent Association.](#)

Entry tests:

The individual must be able to perform the following entry tests before the start of the course:

- Swim 100 meters in less than 1:40 minutes, using a stroke in the front only.
- Swim 300 meters in less than 4:30 minutes, using fins.
- Swim 300 meters in less than 8:00 minutes without fins.

Only participators who perform the tests successfully will enter the course, and the other participants how didn't perform they will have 2nd opportunity to qualified in the course. The number of participants is limited according to their results in the tests.

Course

Registration in the course:

Registration is open to all of the following conditions apply:

1. Medically fit.
2. Achieve the required levels in the tests.
3. Paid in full the registration fees.
4. Approval Joined hand his work on the course.
5. Copy from the passport and 1 personal photos
6. The deadline for receiving applications will be **Mentioned later**

Registration Procedure:

Persons willing to participate hand their request (on the attached form which can be obtained from Qatar Swimming Association).

1. He must submit a medical certificate.
2. Pay the amount of 1500 one thousand five hundred QR fee with the request to participate.
3. Test date will be fixed for him. Mentioned above
4. In the case of passing the tests participant will be ranked according to their records. The first 40 participants will join the first course and the rest of them will join the next course.
5. Last day for registration **Mentioned later**

The test will be in on **Mentioned later**

If the participant does not pass in the ILS tests there are no refund for his money

Examinations:

1. Participants must attend at list 80% of lectures in order to allow him to enter the final exam.
2. There will be daily tests gathering estimates at the end of the course.
3. The final test will be held at the end of the course. It will include (written – oral – practical tests)

All the tests will be according to International Life Saving Federation and [Qatari Red Crescent](#) Associations standard.

Course handbook:

Course Handbook will be distributed in both Arabic and English (USB).

Course languages:

It will be in Arabic and English.

Certificates:

International certificates, badges.

[Qatari Red Crescent](#) Association certificate.

Will be offered to graduate participants

Gender policy:

- The theoretical part will be for both genders.
- The practical part will be separated by lanes (female lanes and male lanes).
- Take into account the instructions decent selection of swimwear.

All participants in this course, complete the form.

and send it to Email: swimming@olympic.qa and : hemam@olympic.qa

We ask you to pay at the account of the Qatar Swimming Association and deliver the of payment of receipt with the bank certificate of IBAN

Picture
with white
background

Participation Request

Lifesaver Course

Name:

Date Of Birth:

Nationality:

Job title/Place:

Mobile:

Email:

(Pledge)

I Pledge (name) /..... . that participate in Lifesaver Course on my responsibility, I'm good at swimming , not infected with any diseases prevent me from participating in this Course, such as neurological diseases, spastic, circulatory respiratory, skin or other, and that the organizing committee does not assume any responsibility towards my participation in this Course.

Participant Signature

Medical Report

The medical checkup on (name) / I found that

he/she is : (Medically fit) Or (Medically unfit)

Doctor Name:

Signature & Stamped

Registration procedures:

Date of Registration: / / 2023

Date of Registration: / / 2023



Qatar swimming association Bank details:

**Account name: Qatar Swimming
Association**

Account number: 0012-128510-004

Bank name: Masraf Al Rayan

Swift code: MAFRQAQA

BRANCH: QATAR OLYMPIC

IBAN NUMBER: QA76 MAFR 0000 0000 0012 1285 1000 4

Doha, Qatar